

## INVENTOR CLAIMS

1. A method of treating and alleviating human afflictions, ailments and diseases holistically by application of magnetism to a plurality of treating regions of the trunk of a person being treated, the method comprising the steps of:

providing magnet means having at least one north pole surface adapted for application to the plurality of treating regions of the trunk;

designating a total treating region to the trunk having a size of about 559 square inches, about 13"x 43", covering all areas around the trunk in 13" wide and 43" long, said treating region being divided into at least 3 subregions, according to shape of the trunk;

applying the north pole surface of the magnet to at least one of the plurality of treating regions of the trunk, the magnet having a size of 1/8 "x 1/8" to 13"x 43" and shape appropriate to cover at least part of one of the treating regions of the trunk; and

maintaining the magnet in contact with the at least one of the treating regions of the trunk for a period of 15 to 180 minutes to heal and relieve afflictions, wherein the total flux of the magnetic means applied to the at least one of the treating regions of the trunk being in the range from about  $30\phi$  -  $250,000\phi$ .

2. The method of claim I, further including the step of repeating the application of the magnet for at least one additional period of time.

3. The method of claim 1, further comprising repeating the time period for treatment at least once in a 24 hour period in an interval of about 2-10 hours in accordance with treatment progress.

4. The method of claim I, further including:

applying the magnet means to each region of the plurality of treating regions representing chest part, upper abdominal part and lower abdominal part of the trunk.

5. The method of claim 1, wherein applying the magnet to the plurality of treating regions in the order of chest region, upper abdominal region and lower abdominal region, or in reverse order.

6. The method of claim I, wherein applying the magnet first to one selected area of the treating regions of the trunk of the person and wherein applying the magnet then to the other selected area of the treating regions.

7. The method of claim 1, wherein applying the magnet to the at least one of the plurality of treating regions of the trunk of a person.

8. The method of claim 1, wherein applying the magnet to multiple regions of the trunk of a person concurrently.

9. The method of claim 1, wherein applying the magnet to all treating regions of the trunk of a person concurrently.

10. The method of claim 1, wherein applying the magnet partially to at least one of the plurality of treating regions of the trunk of a person concurrently.

11. The method of claim 1, wherein applying the magnet partially to multiple regions of the trunk of a person concurrently.

12. The method of claim 1, wherein applying the magnet partially to all treating regions of the trunk of a person concurrently.

13. The method of claim I, wherein applying the magnets partially to at least one region of the treating regions of the trunk and all treating regions of the neck and head concurrently.

14. The method of claim 1, wherein applying the magnets partially to all treating regions of the trunk and all treating regions of the neck and head concurrently.

15. The method of claim 1, wherein applying the magnets to all treating regions of the trunk and all treating regions of the neck and head concurrently.

16. The method of claim I, wherein the total flux of the magnet applied to each one of the plurality of treating regions of the trunk of the person is substantially equal.

17. The method of claim 1, wherein the total flux of the magnet applied to each area of the plurality of treating regions of the trunk is substantially equal.

18. The method of claim I, wherein the total flux of the magnet applied to each one of the plurality of treating regions of the trunk, neck and head of the person is substantially equal.

19. The method of claim 1, wherein the total flux of the magnet applied to each area of the plurality of treating regions of the trunk, neck and head is substantially equal.

20. The method of claim 1, further comprising applying magnet to the treating region or regions concurrently by disposing the magnet in horizontal order all the way around the trunk in parallel to the subregional division lines so that all the trunk meridians are treated simultaneously and equally in balance.

21. The method of claim 1, further comprising applying magnets to the treating region or regions concurrently by disposing the magnets in horizontal order all the way around the trunk in parallel to the subregional division lines so that all the trunk meridians are treated simultaneously and equally in balance.

22. The method of claim 1, further comprising applying multiple magnets to the treating regions concurrently by disposing the magnets evenly, spaced apart one another, at an equal distance, through out a region or regions so that all parts of the treating regions of the trunk of a person are treated equally of total flux for a balanced treatment.

23. The method of claim 1, further comprising applying additional magnets of substantially equal total flux to the treating regions of the trunk of a person for a balanced treatment.

24. The method of claim 1, further comprising applying the magnet consecutively or at intervals to selected treating regions of the trunk of the person for equal time periods for a balanced treatment.

25. The method of claim 1, further comprising substantially covering the entire plurality of treating regions of the trunk with the north pole surface of the magnet.

26. The method of claim 1, further comprising substantially covering each of the plurality of treating regions of the trunk with the north pole surface of the magnet.

27. The method of claim 1, further comprising partially covering each of the treating regions of the trunk with the north pole surface of the magnet.

28. The method of claim 1, wherein maintaining contact of the magnet for a time period sufficient for the person to sense symptoms of healing and responses from ailing part of the body.

29. The method of claim 1, further including:  
disposing retaining means for holding the magnet to the trunk to provide effective contact of the north pole surface of the magnet with the trunk.

30. The method of claim 1, further including:  
contacting the magnets directly to the treating regions of the trunk by using a proper band,  
wrapper or cover with magnets sewn-in or encased in any shape of form appropriate to fit the  
treating regions of the trunk of a person.

31. The method of claim 1, further including:  
band, wrapper or cover for contact the magnets to the treating regions of the trunk of a person  
are made with any material that is safe to the trunk and appropriate for fabrication.

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